



# International Finishing Trades Institute (iFTI)

## FTI 1154 Peer Support

### Course Information

**Course Hours:** 20

**Course Description:** The IUPAT's Peer Support program is a 2-1/2-day education and training workshop that will include information, discussions and activities pertaining to the impact of substance use and mental illness on the brain, suicide prevention, your role as a peer supporter, ethics and confidentiality, employee assistance programs (EAP's) and more. The Peer Supporter is committed to learning about mental health and substance use disorders to help their peers and will be part of a network of Peer Supporters within the IUPAT Helping Hand.

### Course Objectives:

- Explain the basic characteristics of brain disease.
- Describe the impact on the brain from substance use.
- Understand the types of mental illness that can occur in the brain.
- Analyze the realities of living with mental illness.
- Explain reasons and signs of suicide in our industry and ways to help prevent it.
- Describe the continuum of care.
- Discuss the expectations of your role as a Peer Supporter.
- Examine ways you can develop ethical behavior and model confidentiality.

**Prerequisite/s:** none

### Instructor



**Course Lead:** Christopher Scheiblein

**Resume Link:** <https://iftilms.org/faculty/chris-scheiblein/>

### Policies and Procedures

#### COE Accreditation

The International Finishing Trades Institute (iFTI) is [accredited](#) by the Commission of the Council on Occupational Education ([COE](#)) and is entitled to the recognition and associated privileges of this designation. Accreditation is a status granted to an educational institution or program that has been found to meet or exceed stated criteria of educational quality and student achievement. Accreditation by COE is viewed as a nationally-honored seal of excellence for occupational education institutions and denotes honesty and integrity.



## **iFTI Course Catalog**

For a complete list of iFTI course offerings, please refer to the [iFTI Course Catalog](#).

## **Diversity Statement**

The iFTI champions [diversity in the workplace](#) and committed in building an inclusive culture. We believe that every person, regardless of attributes such as race, gender or sexual orientation, has an equal opportunity to find employment based on merit or while in training or the workplace. Although our union is more diverse than ever, we still have so much work to do.

## **Policies and Procedures**

The campus policies and procedures are found in the [Student Handbook](#).

## **Travel and Lodging Reservations**

Upon the receipt of the final class registration confirmation and course schedule, you will be advised to call Metropolitan Travel Service to obtain the best coach fare ticket. No air travel costs will be reimbursed if not made through Metropolitan Travel.

If you will be driving to the event, send your anticipated arrival and departure dates and times, so appropriate hotel reservations can be made. Hotel reservations will be made on your behalf after the iFTI receives your final travel itinerary.

Travel and lodging reservations will be direct billed to the iFTI. If regionally appropriate for you to drive your vehicle, the iFTI will reimburse mileage at \$.30/mile (not to exceed the lowest 30-day advance airfare, or the shortest route as determined by Google Maps). iFTI is not financially responsible for any costs associated with travel, lodging, meals or incidentals for accompanying guest(s).

In the event you must cancel, the iFTI and Metropolitan Travel Service must be notified within 7 days of the travel date or the District Council/Local Union will be responsible for any cancellation fees.

## **Dress Code**

The dress code for iFTI classes in Hanover, Maryland is casual. Clothing should be neat, clean, and well-kept. Please no shorts, flip flops, sleeveless shirts, worn tennis shoes, sweatpants, sweatshirts, jeans with holes, rips, tears or any clothing that contains inappropriate language or that could be offensive. If you will be delivering a presentation / teach back, please dress in a professional manner.

Please call the iFTI at 410.564.5850 with any questions or concerns.